

Newsletter March 2008

Volume 54, Issue 6

Analytical Psychology Club San Francisco

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Dear APC Member

This month we have a full newsletter. There is of course this month's meeting – a discussion concerning the Animus.

We have comprehensive feedback from our last meeting which this week includes book recommendations as follow up on the movie.

Page 5 has some Club news that includes welcoming new members! ...and thank you to member contributions for the (now) regular 'Poetry Page' on page 6.

As always, members are encouraged to submit feedback and comments from our activities, and club events in addition to suggestions and contributions for Newsletter content.

The Shadow of the Animus - as it appears in the tale Beauty & The Beast:

Presented by Gabrielle Guedet

When: Sunday, March 9th, 2008. 2pm

Where: at the home of Ruth and Gareth Hill in Berkley, #1 Ajax place (directions below)

Beauty and the Beast - a discussion on the journey to meet with the Aminus and a look at the shadow of the Animus.

All nature lives in polarity, light and dark, creation and destruction, how do we then understand our own polarity? What does it mean to us to go on the journey to meet with our animus and find that we are both frightened and drawn to this figure? Is it difficult for the animus to become a partner within where we have no connection with the feminine? In this tale Beauty has lost her connection with the feminine. We will begin this discussion by the telling of the original tale Beauty and the Beast, and then we will explore the role of the various Animus figures that appear in this tale. What they mean to Beauty and what they mean to us in the present day.

Jung tells us "it is in a moment of collapse, that we sink to the final depth. . . It is a surrender of our own powers, not artificially wilted but forced upon us by nature." We will wonder/ponder does the negative Animus, who berates women, who undercuts and devalues women,



have a role in pushing women to discover and become aware of the source of this inner critic? If so, could this actually be a positive aspect of the negative Animus? This is the journey Beauty takes and the one we will discuss.

Gabrielle Guedet, Ph.d., MFT, is a clinician in private practice in Sacramento. She is a graduate of Pacifica Graduate Institute, and wrote her dissertation on the tale of Beauty and the Beast.

Directions to #1 Ajax Place, Berkeley CA

From San Francisco

From the Bay Bridge take 580 (Oakland, Hayward) to 24 (Berkeley, Walnut Creek)

Take 24 and exit at Claremont Avenue

Left on Claremont to Ashby (about 2 miles)

Cross Ashby and take an immediate oblique left into Claremont Blvd.

Go to the end of the street and turn left on Derby St. to Warring

Right on Warring, and continue straight to Dwight Way

Right on Dwight one block to Prospect

Left on Prospect to Bancroft (University Stadium ahead)

Right on Bancroft a short block to Canyon Road

Left on Canyon Road and around upper rim of stadium

Right on Centennial (sign says "To Lawrence Hall of Science")

Up Centennial to Grizzly Peak Blvd. (at the very top)

Left on Grizzly Peak to Hill Road (second right)

Right on Hill Road to Atlas Place

Right on Atlas Place to Summit Road (Summit becomes Ajax Place)

From Marin County

From Richmond Bridge take 580 to Albany exit

Left at stop sign (Marin Ave.)

Continue on Marin to Arlington Circle

Go around circle, continue on Marin up a very steep hill to Grizzly Peak Blvd. (3-4 miles)

Right on Grizzly Peak Blvd. for 2 miles to Hill Road on the left

Left on Hill Road (hairpin left) to Atlas Place

Right on Atlas Place to Summit Road

Left on Summit Road (Summit becomes Ajax Place)

From East Contra Costa County

Take 24 west to Fish Ranch Road

Up Fish Ranch Road to Grizzly Peak Blvd.

Right on Grizzly Peak Blvd to Hill Road (about 3 miles)

Right on Hill Road to Atlas Place

Right on Atlas Place to Summit Road

Left on Summit Road (Summit becomes Ajax Place)

From Central Berkeley

Up Cedar Street to La Loma at top of the hill

Left on La Loma to Glendale at top of the hill

Right on Glendale to Del Mar

Left on Del Mar to Campus

Right on Campus to Avenida

Left on Avenida to Grizzly Peak Blvd.

Left on Grizzly Peak Blvd to Hill Road (first right)

Right on Hill Road to Atlas Place

Right on Atlas Place to Summit Road

Left on Summit Road (Summit becomes Ajax Place)



In Hortus Deliciarum it is written that the Holy Spirit is the inventor of the Seven Liberal Arts. The Trivium consists of Grammar, Rhetoric and Dialectic. The Quadrivium consists of Music, Arithmetic, Geometry and Astronomy. Philosophy is mother of all the Seven Liberal Arts, and together they contain all the knowledge possible for man to acquire apart from revelation, Grammar's switch is a symbol of rigorous discipline necessary to maintain a class of pupils. Rhetoric bears a stylus and wax tablets to indicate the care she recommends to the orator. In preparing a speech each orator ought to submit it to severe examination and the need of numerous corrections. Dialectic holds a barking dog, whose incessant cries symbolize the dispute and vigilance with which the debater follows the argument of his adversary, if astronomy is holding a bushel, it is because one associates with her Meteorology, as the directress of agricultural work. More info on ARAS.

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Our last meeting – 'The Student of Prague' (1913) and CG Jung's fascination with this Faust-Legend film:

Film Screening and Member-Participation Discussion, held at the CG Jung Institute of San Francisco

Many thanks to the Jung Institute for letting us use their main meeting room and DVD equipment, and to 14 members and guests for their engaging discussions.

Everyone contributed to the discussions with contrasting thoughts, differing points of view, and varying associations to the Faust legend shown in the film; to Jung's interest in the film and in Goethe's 'Faust'; and to the role of Goethe's 'Faust' in structuring Jung's psychology.

Thea Adams referred to Robert Johnson's treatment of Goethe's 'Faust' in his book 'Transformations' — Judith Loveless read references to Goethe's 'Faust' from C.G. Jung & Aniela Jaffe's 'Memories, Dreams, Reflections' — Kristina Holland spoke of three papers she wrote on psychology and Goethe's 'Faust' when she was studying psychology in graduate school — Mallory Geitheim spoke of ways people "sell their souls to the devil" in 21st-Century psychology — Ruth Foster spoke of Edward Edinger's 'Goethe's Faust' study — and Peggy Huntington brought a guest who handed over cash-on-the-spot to become a new member! Bravo, all!

The above books are listed below so that any of you can easily find them if you want to (re-) read any of them before our APC-SF Picnic talk, on Sunday, June 1st 2008, when Naomi Lowinsky, PhD will speak about 'Faust and Jung' and how Goethe's 'Faust,' by opposites and resonance, shaped Jung's psychology.

If you think of any other books on Goethe's 'Faust' and Analytical Psychology, please let me know and Anton and I will list them in the next APC-SF Newsletter.

Neville Powers

email: neville_anthony_powers@yahoo.com

Books: Naomi finds this translation of Goethe's 'Faust' closest to the original.

Faust (Hardcover)

by Johann Wolfgang von Goethe (Author), B. Fairley (Translator)
University of Toronto Press, 1970

ISBN-10: 0802016685 **ISBN-13:** 978-0802016683

Search for 0802016685 to find used copies on amazon.com and click on **10 used & new** available from **\$9.33**

Goethes Faust -OS (Paperback) [SAME TEXT AS ABOVE]

by Randy Jones (Illustrator), Johann Wolfgang Von Goethe (Author)

University of Toronto Press 1970, English

ISBN-10: 0802061532 **ISBN-13:** 978-0802061539

Search for 0802061532 to find used copies on amazon.com and click on **5 Used & new** available from **\$8.09**

Memories, Dreams, Reflections (various editions)

by C.G. Jung (Author), Aniela Jaffe (Editor), Clara Winston & Richard Winston (Translators)

Transformation: Understanding the Three Levels of Masculine

Consciousness (Hardcover & Paperback) by Robert A. Johnson (Author)

Goethe's Faust: Notes for a Jungian Commentary (Studies in Jungian Psychology By Jungian Analysts, No. 43) (Paperback)

by Edward F. Edinger (Author), Inner City Books, 1990

ISBN-10: 0919123449 **ISBN-13:** 978-0919123441

The Sin of Knowledge (Hardcover) [Adam, Prometheus, Faust]

by Theodore Ziolkowski (Author), Princeton University Press, 2000

ISBN-10: 0691050651 **ISBN-13:** 978-0691050652

On amazon.com, click on **4 used & new** available from **\$0.86**

See also: **SECTION VI: Art and Literature, Chapter 17,**

'Goethe's Initiation,' ("Based on an unpublished manuscript completed in 1983."), pp. 199 – 210, [IN]:

Shadow and Self: Selected Papers in Analytical Psychology (Paperback) by

Joseph L. Henderson (Author), Chiron Publications, 1990

ISBN-10: 0933029330 **ISBN-13:** 978-0933029330



Welcome New Members

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Thank You...

The Board and members of the APC-SF would like to extend thanks to Charlotte von der Hude. We are very grateful to Charlotte for her kind and generous contribution to support our Club, our Library and events.

New APC-SF Treasurer

The Board and members of the APC-SF are very grateful to Nancy Poole for serving as our Treasurer over the past two years.

Nancy would like to hand over the Board-Member Office of Treasurer by May of this year. Therefore, we are *now* looking for applications from members interested in serving in this role.

This is an exciting opportunity to support our club. We encourage those interested to please contact us now in order to allow time between now and May for a smooth and informative handover of the role from Nancy.

Should you require more information about the role, and what will be involved please contact Nancy or a member of the board.

Board member contact details may be found on the last page of the newsletter.

the *Poetry Page*

Thank you to Dawn Ramm for submitting the poem 'The Wild Iris' by Louise Glück – who will be our poet for this month.

Pulitzer-Prize Winning Poet **Louise Glück** (pronounced "Glick") addresses the themes of rejection, loss, and isolation in language that is as deceptively simple as it is technically precise. Author of eight books of poetry as well as a book of essays, 'Proofs and Theories', Glück is the recipient of the National Book Critics Circle Award; 'Triumph of Achilles', the Academy of American Poets' Prize; 'Firstborn', as well as numerous Guggenheim fellowships.

The Wild Iris

by Louise Glück
submitted by Dawn Ramm

At the end of my suffering
there was a door.

Hear me out: that which you call death
I remember.

Overhead, noises, branches of the pine
shifting.

Then nothing. The weak sun
flickered over the dry surface.

It is terrible to survive
as consciousness
buried in the dark earth.

Then it was over: that which you fear, being
a soul and unable
to speak, ending abruptly, the stiff earth
bending a little. And what I took to be
birds darting in low shrubs.

You who do not remember
passage from the other world
I tell you I could speak again: whatever
returns from oblivion returns
to find a voice:

from the center of my life came
a great fountain, deep blue
shadows on azure seawater.



The Garment

by Louise Glück

My soul dried up.
Like a soul cast into a fire, but not completely,
not to annihilation. Parched,
it continued. Brittle,
not from solitude but from mistrust,
the aftermath of violence.
Spirit, invited to leave the body,
to stand exposed a moment, --
trembling, as before
your presentation to the divine --
spirit lured out of solitude
by the promise of grace,
how will you ever again believe
the love of another being?
My soul withered and shrank.
The body became for it too large a garment.
And when hope was returned to me
it was another hope entirely.





Upper left, nude Eros holding arrow in left hand, right hand upraised; left, nude Apollo holding lyre in both hands above dying swan; right, nude Daphne transforming into laurel tree.

Apollo fell in love with Daphne after being wounded by Eros with one of his arrows. Daphne fled from Apollo and asked her father Peneus, a river god, for help. He transformed her into a laurel tree just before Apollo caught and embraced her. Apollo declared the leaves of the laurel would always be green and that he would always bind them around his head in memory of his love for Daphne. From then on the laurel wreath replaced the oak wreath as the prize to the victors in Apollo's festival of the Pythian games, and the laurel became the symbol of victory.

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Letter from London



Greetings from Colchester, United Kingdom!

I am most envious of the club meetings I'm not able to attend – the next meeting sounds very interesting.

I've been buried in my studies. Most recently presenting my dissertation abstract to the class, explaining my ideas and intention for the area of research I'm looking into (Thanatos = Death Instinct and Eros). I'm pleased to say it went well. For those following the 'dissertation topic' there is an interesting write up by Jung in MDR which is too long for me to quote here. He discusses *death* as viewed from the ego and psyche perspective. Starting "This paradox can be explained if we suppose that at one moment death was being represented from the point of view of the ego, and at the next from that of the psyche." The section is page 314 in my copy of MDR. If you're interested and can't find it, do let me know.

In addition to my dissertation work I am considering another essay which needs submission in the area of *application* of Jungian idea's. I've chosen to discuss 'text messaging; as a distortion of projection'...well, that's my idea, which still needs some work and fleshing out. I have a number of other essay's which need consideration which are keeping me busy.

Our classes continue with some very interesting topics. Most recently we've been considering Jung as a 'literary critic' with reference to CW 15 and in particular his discussion of Ulysses. This has been most revealing since the style of his work here is not within the same vein as the majority of the CW's. In fact, it is quite distinctive and quite humorous at times. At one point it seems that he was 'stumped' by what Ulysses had to offer. In addition to Ulysses there was his commentary on Picasso. The general consensus in the class was that Jung was not a profound art critic.

In the coming weeks we'll be considering 'comparative religions' and Jung's interests / influence within these areas.

I'm keeping my head down. There never seems to be enough time to read, and when there is...it does not seem enough to just read, but rather time is needed to read, and re-read, cross reference and so on. However...I remain absorbed in the material and am enjoying my studies very much.

I hope all is well in San Francisco, and I send my best wishes.

anton

APC Calendar 2007 – 2008

Sunday, September 9, 2007

'The Female Trickster', presented by Ricki Tannen

- ◆ Board Meeting at 12 Noon

Sunday, October 14, 2007

'Visions of the Emerging Dark Feminine', presented by Norma Churchill

- ◆ Board Meeting at 12 Noon

Sunday, November 11, 2007

Lynn Franco: a visit to Lynn Franco's ceramics studio in Berkeley

- ◆ No Board Meeting this month

Sunday, December 9, 2007:

No Meeting

Sunday, Jan 13, 2008

'Psychological Memoir and Myth: "What Myth am I living?"', presented by Maureen Murdock

- ◆ Board Meeting at 12 Noon

Sunday, Feb 10, 2008

'The Student of Prague' (1913) film showing and discussion of CG Jung's fascination with this Faust-Legend film, at the CG Jung Institute of San Francisco, 2040 Gough St., San Francisco, CA 94109

- ◆ Board Meeting at 12 Noon at the Institute

Sunday, March 9, 2008

'The Shadow of the Animus - as it appears in the tale Beauty & The Beast', presented by Gabrielle Guedet, at the home of Ruth and Gareth Hill in Berkeley

- ◆ Working open Board Meeting at 12 Noon at the Hill's house.

Sunday, April 13, 2008

'Dreaming about evolution – past, present, future', presented by Meredith Sabini, at Fox Commons, 1670 University Ave., Berkeley

Sunday, May 11, 2008

No Meeting

Sunday June 1, 2008

'Faust and Jung' presented by Naomi Lowinsky, followed by Picnic at the home of Ruth and Gareth Hill in Berkeley.



Calendar illustration for month of March; peasant pausing while digging in garden to lift hat to two ladies; two men chopping tree; two men talking; man on horseback riding across drawbridge into town; bas-de-page and lower margin, seven youths playing with rattles.

In Calendar illustrations of Labors of the Months, March is devoted to pruning and digging in the garden.

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APC-SF

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