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Dear APC Member

Welcome to the New Year. It does not seem too long ago that we were putting the November newsletter together, and already now we are underway with our 2008 meetings! It is in part due to times steady creeping that this, the first of the New Years newsletters is a little late – although I trust in good time to welcome you back and inform you of the next exciting meeting and the updated 2008 schedule.

In addition, we look forward to establishing some of the new ideas and suggestions that have come from members towards the end of last year. On that note – members are encouraged to write to the board with idea's and suggestions to promote our meetings – ideas for making this group interesting to a wider variety of people that espouse Jungian thought. I would be pleased to include 'letters to the editor' as a monthly contribution with helpful information that members might have.

Finally it is in this months Newsletter that, with fond thoughts and memories we reflect on and pay tribute to long time APC-SF member; Dr. Joseph Henderson who passed away November 17th, 2007, two and a half months after his 104th birthday.

Psychological Memoir and Myth: "What Myth Am I Living?"

Presented by **Maureen Murdock**

When: Sunday, January 13th, 2008. 2pm

Where: APC-SF Library, 2411 Octavia #1, San Francisco, CA 94109

As you know, Jung came to a certain point in his life where he fell out of the old myth he was living, the Christian myth he grew up with, and looked to his dreams.

Each one of us has grown up with a personal myth, which most of the time remains unconscious until we take the time to explore it. Gender, culture, economic background, religious beliefs, sexual identity, family background and age all inform our personal mythology and the symbols and rites that carry our myth forward. Our personal myth provides a way for us to understand our origins, who we are, where we belong, and whether our life has meaning. A personal myth is not a set script in which we enact a role; our personal myth evolves over time. D. Stephenson Bond writes, "We fall into and out of myth several times

over the course of a lifetime. The core experience remains but over a lifetime must be worked and reworked.” If we can be aware to some extent of our story as it unfolds, we have a better chance of understanding and making friends with our lives.

In this talk and discussion we will explore some of the patterns and themes of our personal mythology.

Maureen Murdock, M.A., M.F.T. is a depth psychotherapist in San Francisco and past Chair of the MA Counselling Psychology Program at Pacifica Graduate Institute in Santa Barbara. She teaches in the Depth Psychology Program at Sonoma State University and has taught in the UCLA Extension Writers’ Program for the past 17 years, where she received the Outstanding Teacher Award in 1995. She gives workshops on ‘Myth and Memoir’ and ‘The Heroine’s Journey’ throughout North America in various Jungian centers. Her books include; ‘Unreliable Truth: On Memoir and Memory’, ‘The Heroine’s Journey: Woman’s Quest for Wholeness’, ‘Fathers’ Daughter: Breaking the Ties that Bind’, and ‘Spinning Inward: Using Guided Imagery with Children’. Her latest book, a memoir entitled ‘Bananas: Madness and Addiction in the Family’, is in search of a publisher. Her books have been translated into eleven languages.

Our last meeting – ‘Sculpting as Dialogue: Exploring the Significance of Relationship in Art Making’

Presented by Lynn Alicia Franco, Jungian Analyst and Sculptor and Deborah Hoch.

Many thanks to Lynn Franco and her husband for inviting us to her tour/presentation of her large ceramic sculptures in their gallery, garden and home. About 30 APC-SF members and guests gathered to enjoy a discussion between Lynn and Deborah Hoch in the Music Room, followed by blessing (with Champagne) of her new studio, and tour plus further discussion - a bright Berkeley Autumn afternoon that many will remember for a long time.

Member News

Ferne Jensen

Long time APC-SF member, Ferne Jensen, has moved recently to a care facility in Council Bluffs, Iowa. She can be reached at 712-352-0947. Her mail goes to her in care of her nephew and guardian,

Ron Ryan
509 South 58th Street
Omaha, NB 68106

Ferne has played a vital role in our APC over the years. It is because of her that we have been able to rent our present location since June, 1970. Ferne used to live next door. Because Ferne took quick action about a fire, the landlord agreed to our renting the space we now have.

We wish you well, Ferne, in your new residence.

Shirley Kaiser

Dr. Peter H. Elting

We are sorry to hear that our long-time member and friend Dr. Peter H. Elting, died on September 29, 2007 in San Francisco. He was a Jungian analyst member of the Inter-Regional Society of Jungian Analysts and a brilliant teacher of psycho-drama. We will miss his bright good humor and skilful caring.

Neville Powers

Kay Bradway

Our sympathy to Kay Bradway on the death of her cherished husband, Brad. He died in their home Sunday, December 9, 2007.

Shirley Kaiser

JOSEPH LEWIS HENDERSON

August 31, 1903 - November 17, 2007



Dr. Henderson, the beloved elder of our APC, has died. "It's time for me to go" were his last words, spoken to his grandson on November 17, 2007.

The friendship Joe and his wife, Helena, had with Joe and Jane Wheelwright, led to their active involvement in our club shortly after its beginning in 1940. When APC-SF celebrated our 50th anniversary, Helena recalled the many APC dinner meetings held in the Hendersons' home.

Over the years Dr. Henderson has presented a number of papers to our club. In 1945 Dr. Henderson

spoke on "The distinctions between a racial culture and the racial unconscious." In 1959 in a talk on the aging process, he offered the "inner way" as the solution and compensation for the frustrations of old age. In 1969 he spoke on "The artist, Jackson Pollack." This is the same year our club gave Dr. Henderson and Dr. Wheelwright honorary membership in APC-SF in appreciation for their dedication and help to the club for so many years. In 1988 Dr. Henderson spoke to us on "Individuation in the Latter Part of Life." When we held our 60th anniversary party in 2000, Dr. Henderson reflected on our club's beginnings in the 1940's.

So, of course, it was with great appreciation and affection that our APC celebrated Dr. Henderson's 100th birthday with him at our annual picnic on May 31, 2003.

Gareth Hill in 'The Shaman from Elko', a festschrift in honour of Dr. Henderson's 75th birthday, has a wonderful chapter "J.L.H, His Life and His Work." There you find both a comprehensive telling of Dr. Henderson's life and his process as a writer. This book also documents Dr. Henderson's many publications from 1939 - 1978. Since then Dr. Henderson continued to publish many more works. His last book, published in 2003, with Dyane Sherwood is 'Transformation of the Psyche', The Symbolic Alchemy of the Splendour Solis. Our APC library has a wonderful DVD of Dr. Henderson giving commentary on the Splendour Solis images. These commentaries later formed the basis for their book. The latest addition to our library is the 2007 publication 'Initiation', edited by Tom Kirsch, Virginia Beane Rutter and Tom Singer. This book contains the lectures that were given at the Initiation Symposium in 2005, with Dr. Henderson present, in celebration of the republication of Dr. Henderson's 'Thresholds of Initiation'.

Dr. Henderson's wife Helena, and his daughter Elizabeth have both predeceased him. The Jung Institute of San Francisco will hold a memorial for Dr. Henderson in the Spring of 2008.

Thank you, Dr. Henderson, for all you have been to us these many years.

Shirley Kaiser

The following article, written for the International Association of Analytical Psychology by Dr. Thomas Kirsch, is reprinted here with his permission.

Dr. Joseph Henderson, the dean of American Jungian analysts for the past 50 years, died at the age of 104 on November 17th after a brief illness. Henderson was the last living link to a generation who sought analysis with CG Jung in Zürich between 1920 and the beginning of World War II in 1939 and who later became analysts themselves.

Joseph Lewis Henderson was born in Elko Nevada on August 31, 1903 of a prominent Nevada family which was active in politics and business in the late 19th and early 20th century. His uncle, Charles Henderson, was Under Secretary of the Navy under FDR during World War I and later became a U S Senator from the state of Nevada. Henderson went east to Lawrenceville School in New Jersey where his tutor was Thornton Wilder. He graduated from Princeton in 1927 with a Bachelor of Arts in French literature. Following graduation he returned to San Francisco where he became a drama critic and book reviewer for two small magazines.

In 1929 he travelled to Zürich for a year of analysis with CG Jung, and he was a participant in Jung's "Dream Seminar" published by Princeton University press in 1984. He entered medical school at St. Bartholomew's in London, graduating in 1938. During breaks in his studies he returned for further analysis with Jung.

In 1938 he returned to New York to open a practice of Jungian analysis. In 1940, eager to return to the West Coast, he and his wife, Helena Darwin Cornford, and their daughter Elizabeth, moved to San Francisco where he was a co-founder of the first professional Jungian group in the West. During World War II, he worked at Mount Zion Hospital in San Francisco along with fellow co-founder Jo Wheelwright evaluating returning military personnel from the South Pacific. He taught at the old Presbyterian Medical Center, the former home of Stanford Medical School, as a regular faculty member until the medical school moved to its new home on the Stanford campus in 1959.

As cofounder of the Jung Institute in San Francisco, he is twice its past president, and he has been influential in the professional development of many subsequent Jungian analysts in their various endeavours. He also was instrumental in the San Francisco Institute acquiring a large collection of images with their psychological commentary, which became the Archive for Research and Archetypal Symbolism, otherwise known as ARAS. When ARAS evolved into a national organization he served on the board for many years, and at the time of his death he was a lifetime honorary member.

He travelled frequently to both England and Switzerland where, after World War II, he continued to see Jung and other colleagues. He was elected Vice President of the International Association for Analytical Psychology in 1962 and served only one term, finding that he preferred writing to political activity.

His writings include the following books: *The Wisdom of the Serpent* co-written with Maude Oakes in 1963, a chapter entitled *Ancient Myths and Modern Man* in *Man and His Symbols* edited by Jung, 1964, *Thresholds of Initiation*, 1967, reprinted in 2005, *Cultural Attitudes in Psychological Perspective*, 1983, a compilation of essays entitled *Shadow and Self*, 1990, and *Transformation of the Psyche* 2003, co-authored with Dyane Sherwood. He has written numerous papers on such diverse subjects as anthropology with special reference to the American Indian, relations between East and West, clinical issues related to transference/counter transference, aspects of dream interpretation, the use of art in psychotherapy, and alchemical symbolism in analysis. Dr. Henderson developed the concept of the "cultural unconscious", which he introduced in an address at the 2nd International Jungian Congress in Zurich in 1962. This idea has evolved into the hypothesis of the "cultural complex" which has received much attention lately in the Jungian world. In addition he has written numerous movie and book reviews.

He practiced and taught Jungian analysis and analytical psychology from 1938 until his retirement in 2005. He has been a source of inspiration and professional wisdom for many generations of Jungian analysts, and his practice has included significant individuals from many other fields of endeavour.

His wife, Helena, died in 1994, and his daughter, Elizabeth, died in 2001. He is survived by two grandchildren Julia Eisenmann and her husband Andy Behman, and Nick Eisenmann and his wife Elizabeth Wolf and two great-grandchildren.

In lieu of flowers donations can be made in his memory to the

CG Jung Institute in San Francisco
2040 Gough Street,
San Francisco, California, 94109



"Narcissus," by
François Lemoyne
(1688-1737), French
painter.

Hamburg: Museum.,
Hamburger Kunsthalle.

Narcissus holding bow,
sitting on ground
before avenue of trees
by pool of water,
looking at reflection in
water, left hand
outstretched; dog
sitting beside
Narcissus, looking up
at him; quiver of arrows
on ground beside dog;
snow-covered
mountain in distance.

According to legend,
Narcissus fell in love
with his reflection and
died of unrequited
passion..

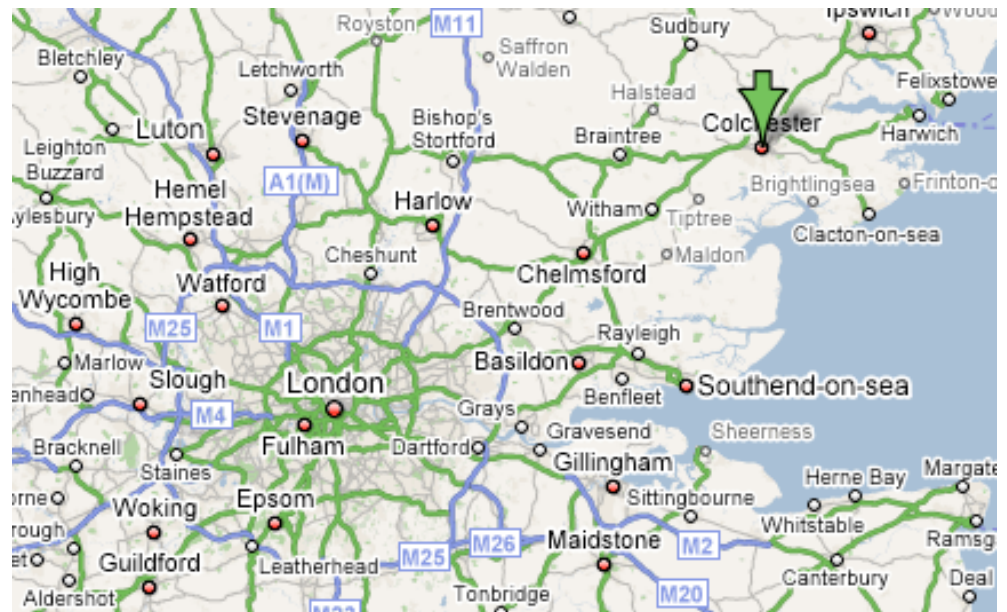
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Letter from London



Greetings from Colchester, United Kingdom!

Although this is the 'Letter from London' I thought I would pin point my location more accurately. Essex University where I'm studying is not located within London but actually about 60 miles northeast. The map below shows the location more accurately. The new year ushers in



some exciting new courses. Last Semester we concentrated on Jung in *Context*, as well as *Jungian Concepts*. This semester we will continue with Jung in *Context* and focus on *application* of Jungian concepts. In addition to the change in material the course directors believe we now have enough information to start writing informative essays – several of which are due the end of this semester. With this expectation in mind I find myself falling behind on the vast amount of reading required.

I've also spent time considering my dissertation topic which I'll need to start addressing as the year progresses. I'm interested in writing about 'the death wish' or 'death instinct' – Thanatos, contrasted with Eros. My ideas are still insufficient so I have some work to do before presenting my Abstract for approval in March.

Aside from my academic concerns which remain the focus of my life I feel it important to mention the timeless English culture topic of the weather – which remains awful here, while I'm sure the California climate is much more temperate this time of year as I recall!

I hope everyone had a good holiday, and I wish you an exciting, rich New Year.

anton

APC Calendar 2007 – 2008

Sunday, September 9, 2007

'The Female Trickster', presented by Ricki Tannen

- ◆ Board Meeting at 12 Noon

Sunday, October 14, 2007

'Visions of the Emerging Dark Feminine', presented by Norma Churchill

- ◆ Board Meeting at 12 Noon

Sunday, November 11, 2007

Lynn Franco: a visit to Lynn Franco's ceramics studio in Berkeley

- ◆ No Board Meeting this month

Sunday, December 9, 2007:

No Meeting

Sunday, Jan 13, 2008

'Psychological Memoir and Myth: "What Myth am I living?"', presented by Maureen Murdock

- ◆ Board Meeting at 12 Noon

Sunday, Feb 10, 2008 *updated*

'The Student of Prague' (1913) and Jung's fascination with this Faust-Legend film

Sunday, March 9, 2008 *updated*

'The Shadow of the Animus - as it appears in the tale Beauty & The Beast', presented by Gabrielle Guedet

Sunday, April 13, 2008 *updated*

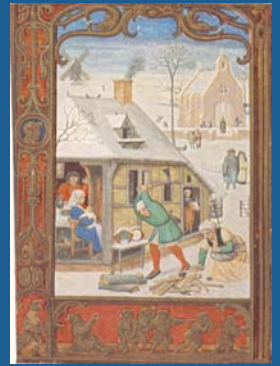
'Objective Dreams', presented by Meredith Sabini at Fox Commons, 1670 University Ave., Berkeley

Sunday, May 11, 2008

No Meeting

Sunday June 1, 2008

Picnic



Calendar illustration for month of January; snow-covered village; outside house, peasant in tunic chopping wood with hatchet as peasant woman gathers up wood; inside house, seated woman holding child in front of hearth, next to table on which is pitcher, fowl on plate, man standing up looking in fireplace; boy bringing out bull at far entrance; couples walking on path from church; windmill on hill at rear left; bas-de-page, youth on sled towed by five others.

In illustrations of the Labors of the Months, wood chopping and warming oneself at the hearth are more usually associated with February. Another MS which takes exception to this is Les Grandes Heures d'Anne de Bretagne finished in 1508. There, January shows a man hurrying to his dwelling, while it is snowing, and February shows a man feasting on chickens.

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